

FREE ADULT KEEP FIT CLASS

At Peakirk cum Ginton C of E Primary School.

Run by Finding Fitness Ltd



Starting on Monday 14th September 2015, and to take place every Monday during term time.

9:15 – 10:15am



The class will involve aerobic circuit training and will be tailor made to suit all levels of fitness and physical activeness. The sessions will be fun and sociable and will include music.

This class is free due to lottery funding achieved by Peakirk cum Ginton C of E Primary School.

The class is open to the whole community, so bring a friend along!

Come and give it a go!